

BEAUTY &  
evolve.  
AESTHETICS



BECOME THE BEST VERSION OF YOU

# OUR WORK

HERE TO MAKE YOU FEEL  
COMFORTABLE IN THE BODY  
YOU'RE IN

## ALISON SAYS...

Our philosophy at Evolve centres around taking a three-dimensional and holistic approach to enhancing you. It's not just about having treatments like botox or filler, it's also about making sure your skin is glowing and you feel good in the body you're in.

## WE'RE HERE TO GIVE NATURAL, AMAZING RESULTS.

Time to look after number one in your life- you. Put yourself in Evolve's capable hands and let us do the work at our home-based clinic, giving you the comfort to truly relax. Disabled access on request.



SCAN WITH  
CAMERA TO GET  
MORE INFO ON  
ALL OF OUR  
SERVICES!

# OUR APPROACH

To Skin & Injectables.

01

Book a  
consultation

Book a 30 minute in person or virtual consultation with Alison so that you can understand your needs and begin to discover what is available to give you the look of your dreams.

A consultation is £20 and this is redeemable against a procedure following this consultation.

02

Have your  
treatment

Before your treatment, you will be directed to download a pre-treatment advice sheet to follow in order for you to get the best results possible from your treatment.

Then, it's time to undergo your treatment in a home-clinic setting where your comfort and safety is priority.

03

Understanding  
your at-home  
and  
maintenance  
steps

After your treatment, you will be directed to download your post-treatment & after care advice sheet to follow in order to make sure your downtime is as comfortable and quick as possible.

Alison will also inform you of the home care and maintenance options you have to make sure your treatment delivers the best results.

# SKIN



Combine our trained aesthetician and beauticians with the clean, corrective and committed medical grade skin care products made by AlumierMD and FillMed and you get the perfect duo to give you clear, glassy, youthful skin.

AlumierMD was launched in 2016 and has been continually developed and driven by a group of skincare-passionate scientists, physician and science-loving skincare specialists with over 100 years of combined experience in the industry.

FillMed are a French Aesthetics company who have been dedicated to aesthetic medicine since 1978. Experts in anti-ageing, they have developed a range of aesthetic and cosmetic treatment solutions using hyaluronic acid and high performance active ingredients.

Whether you're struggling with acne, ageing skin, dehydrated skin, rosacea, sensitive skin, pigmentation or oil-prone skin, the Evolve team, AlumierMD & FillMed have the solution for you.

Come in for a consultation today to see what approach to skin care (both in clinic and home) is best for you.

#### **Alumier Glow Peel £75**

A light brightening & resurfacing solution that improves the signs of ageing and hides pigmentation with minimal downtime.

#### **Alumier Lunch Radiant Peel £60**

A choice of two skin-specific peels which both target ageing concerns with one more specific to oily & acneic skin types.

#### **Dermaplaning £50**

An exfoliating procedure to rid yourself of dirt and "peach fuzz" to give you glowing skin & a better makeup application.

# INJECTABLES

Sometimes, we feel like the outside doesn't seem to match up with how we feel on the inside, making us feel uncomfortable. Evolve has a plethora of solutions to help those expectations of yourself meet the reality- we pride ourselves in our natural outcomes when it comes to injectables.

## **Wrinkle-Reduction Treatments**

From £130

## **Filler**

From £150

## **Skin Boosters**

From £90

## **Mesotherapy**

From £150

## **iPRF & Plasma Filler**

From £170

## **Fat Reduction Injections**

From £115

## **Plasma Pen**

From £150



# BODY



You've only got one body that you'll be living in till the end of time- a body that supports you through everything- so why don't you make sure you treat it with love and respect?

Whether it's a relaxing, beautifying or toning body treatment- Evolve has it all!

## Massage

From £15

## Lipofirm

From £60

## Waxing

Upper Lip	<b>£8</b>
Face	<b>£15</b>
Underarm	<b>£10</b>
Arms	<b>£15</b>
Half Leg	<b>£15</b>
Full Leg	<b>£25</b>
Bikini	<b>£10</b>
Advanced Bikini	<b>£12- £25</b>

# BEAUTY

It's time to glow up! The Evolve team are here to take care of those brows, lashes & straggling hairs, making you feel like you could rival Megan Fox on a red carpet!

## Lash Services

Lash Tint	£10
Lash Lift & Tint	£25
Lash Fill & Tint	£35
Standard Semi-Permanent Lashes	£40
Standard Infills	£25
Russian Semi-Permanent Lashes	£60
Hybrid Semi-Permanent Lashes	£55
Russian & Hybrid Infills	£30

## Brow Services

Maintenance	From £5
Brow Design & Tint	From £10
Brow Design & Lamination	£25
Henna Brows	£25

## Microblading

Eyebrows	£250
Eyeliner	£120
Lips	£250

## Electrolysis

Hair Removal	From £25
Lumps 'n' Bumps Removal	£60 - £100

\*Patch tests may be required upon booking some of these treatments. Your beautician will notify you of this.



# NAILS



Long nails or short nails, coffin-shaped or almond-shaped, Gel or acrylic? We've got you covered! Evolve's team of nail technicians are here to give you the nails of your dreams.

## Gel Nails

Gel Nails	<b>£20</b>
Gel Toes	<b>£20</b>
Gel Removal	<b>£10</b>

## Acrylic Nails

Acrylic Nails w/ Gel	<b>From £30</b>
Acrylic Nails w/ Gel & Design	<b>From £35</b>
Acrylic Infills	<b>From £25</b>
Acrylic Removal	<b>From £10</b>

## Pedicure

Soakless Pedicure	<b>£20</b>
Evolve's Signature Pedicure	<b>£40</b>

Nail repairs will be charged for after a 2 week period.

Please be mindful if you're wanting any designs or extras on your nails to inform the nail technician at the time of booking of your appointment as extra time will be needed.



# MEET OUR PARTNERS

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## HELENA ANTONIADOU

Plastic & Reconstructive Surgeon

[info@medisculpt.com](mailto:info@medisculpt.com)

Helena's motto is listening to her patient's needs, setting realistic expectations and paying attention to detail. She bases her approach on good communication, quality and consistency and as a female surgeon she treats each patient's journey with empathy, honesty and discretion.

If you are looking to improve an aspect of your appearance, set the clock back, or if you have scars that you want to disguise or improve, Helena is ready to have a consultation session with you to explain the avenues you can take.

## MICHELLE BOXALL

Personal Coach

<https://thecuriouscoach.org>

Michelle supports women to achieve that all elusive balance in life, to achieve career goals and optimise their wellbeing.

As your coach, Michelle can help you to take a step back and look at the bigger picture of your life, your relationships and career. Taking the time to really understand who you are and what you want means you can make a plan and take positive steps towards achieving your goals.

Her coaching toolkit consists of a range of creative options which she curates to suit the needs of each individual client: you'll always begin with understanding your personal values and go from there to build your confidence and optimise your wellbeing.

# MEET OUR PARTNERS

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## **CERI GOODE**

Meditation & Self-Healing Coach

[contact@cerigoode.com](mailto:contact@cerigoode.com)

Ceri is a healer, life coach and holistic therapist that helps women heal their minds, bodies and lives with her unique coaching packages and treatments.

She incorporates her background of being a Shamanic Healer, Spiritual Teacher, Reiki Master Teacher, Louise L Hay 'Heal your Life' Coach into her packages and treatments to bring you a multi-layered and holistic approach.

## **REMEDY ACUPUNCTURE**

Acupuncture Clinic

[remedyacuclinic@gmail.com](mailto:remedyacuclinic@gmail.com)

Vicki's passion for acupuncture began about a decade ago, when she turned to it to help with stress and a skin condition called psoriasis. I was amazed at what a difference it could make to the body and mind.

She now offers acupuncture to help bring balance and healing to other's lives, whether it be for physical or emotional needs.



## GET IN TOUCH

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