

Waxing

PRE-CARE & POST-CARE INSTRUCTIONS



PRE-CARE INSTRUCTIONS:

- Do not shave or exfoliate the day of the treatment, however, it is beneficial to gently exfoliate the skin in the areas to be waxed a day or two before your scheduled appointment. Use a soft washcloth soaked in warm water to exfoliate the skin.
- Schedule waxing appointments 5-7 days prior to active chemical exfoliation or microdermabrasion, and 14 days prior for sensitive skin.
- If you use skincare products that contain Retinol, it is recommended to temporarily stop using them at least two weeks before your scheduled waxing appointment. Retinol-based products make the skin more susceptible to injury during waxing sessions.
- Please arrive freshly showered for all waxing appointments.
- Extensive waxing including Brazilian and bikini wax may require special preparation. Please trim all hair to approximately ¼ inch in length prior to appointment for best results.
- Please arrive to your appointment without make-up, creams, gels, deodorant, or lotions on treatment areas.

POST-CARE INSTRUCTIONS:

- Cold compresses are excellent aftercare as they calm inflamed skin and reduce the appearance of red bumps and irritation.
- Wear loose and comfortable clothing that are made from light and breathable fabrics (preferably cotton). Do not wear clothing that features elastics which may irritate the skin. For waxing services within the bikini area or for a Brazilian wax treatment, wear breathable underwear to reduce friction and sweat from developing.
- When receiving Brazilian wax, avoid sexual contact for 48 hours after waxing.
- Avoid sunlight – light exposure especially without sunscreen can result in undesirable patches of changes in pigmentation and freckles. If you must be in the sun, apply SPF 30 or greater, reapply often, wear a hat, and seek shade when possible.
- Do not use exfoliating products or acne treatments or alpha hydroxy acid products for 5-7 days. After the 5-7 days, gently exfoliate with loofah, washcloth or AHA cleansers to prevent ingrown hairs between waxing sessions. It is also important to keep the skin moisturized.
- Do not re-wax over treated area for 5-7 days, or 14 days for sensitive skin.
- Avoid sensitizing products with artificial fragrances, harsh preservatives and dyes.
- If you have any questions or concerns about anything whatsoever, please feel free to contact us so we can assist you.